

NOTE: An asterick (*) means the athlete DID NOT qualify for the 2009 Nat'l Games

ROAD RACE

5K

Women

50-54

G - Pamela Butler 22.35
S - Nancy Tichanuk 26.24
B - Deborah Roy 26.30
Gail Bown 32.23 *
Nancy Dubois 33.35 *
55-59
G - Kathy Satter 24.22
S - Kathryn Frieden 25.02
B - Sandra Platt 32.49
Carol Howe 33.35 *

60-64

G - Pauline Taylor 28.17
65-69
G - Kathy Engle 26.07
S - Barbara Amos 30.20

Men

50-54

G - Tom Astolfi 18.52
S - Colum Creed 21.31
B - Kiyoshi Imai 22.04
Jack Dianis - 22.54 *
Steve Snow - 23.41 *
Ralph Dumke - 24.44 *
Paul Yankowskas - 28.04 *
Stuart Goldstein - 29.47 *
55-59
G - James Kyle - 19.02
S - Sidney Slark - 20.34
B - Bill Verge - 21.53

60-64

G - Steve Prouty - 21.04
65-69
G - Dean Riley - 23.33
S - Jerry Brown - 25.00
B - Edwin Adriance - 25.50
Fred Bertelsen - 28.27 *
Dick Satter - 29.05 *
Joh Kjellman - 29.13 *
70-74

G - Bill Spencer - 22.40
S - Shu Minami - 23.50
B - George Tosatti - 28.04
Jim Bowen 29.24 *
Stan Vancelette - 29.30 *
Owen Dow - 29.55 *
Ron Whitemore - 33.07 *
75-79

G - Jim Lynch - 24.01
S - Don Willoughby - 25.38
B - Bob Davidson - 26.57
Bill Engle - 27.30
Bob Welts - 28.05
John Parker - 29.01 *

ROAD RACE - continued

10K

Women

50-54

G - Pamela Butler - 46.56
S - Deborah Roy - 52.30
55-59
G - Kathy Satter - 49.14
65-69
G - Kathy Engle - 56.46

Men

50-54

G - John Tuttle - 34.39
S - Kiyoshi Imai - 44.14
B - Steve Snow - 48.46
Ralph Dumke - 50.34 *
Paul Yankowskas - 1:08.15 *
55-59
G - Brian Mahoney - 40.32
S - Sidney Slark - 41.57
B - Bill Verge - 45.12

60-64

G - Buzz Shiely - 45.50
S - Steve Prouty - 46.10
65-69

G - Dean Riley - 47.45
S - Dick Satter - 59.10

70-74

G - Bill Spencer - 45.47
S - Shu Minami - 49.55
B - Stan Vancelette - 1:00.53
Don Lanure - 1:28.46 *
75-79

G - Jim Lynch - 50.59
S - Bob Davidson - 57.37
B - Bob Welts - 1:01.23
John Parker - 1:02.44